



Semester Start: 9/8/25 | Semester End: 11/21/25

Workshops not in session during Break:

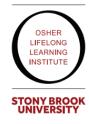
On the schedule, please pay careful attention to the color coded key which indicates the format of the workshop:

Key: Zoom | In Person | Hybrid

PLEASE CHECK THE CANCELLATION DOCUMENT EACH DAY BEFORE COMING TO CAMPUS FOR *CANCELLATIONS/ NOT IN SESSION /ROOM CHANGES*

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			Monday				
8:30 - 9:45 AM	OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.						
10:15 - 11:30 AM	History Through Literature Joseph Napolitano, Judith Albano, Laura Filipino Dates: 9/8 - 11/17 Number of Sessions: 11 LOCATION: N119	Divine Reset: Heal the Past, Embody Your Truth Samarpini Nithya Ananda Dates: 9/8 - 10/20 Number of Sessions: 7 LOCATION: S102	Not in Session 10/13 The Twilight Zone Robert Mirman, Jay Zuckerman Dates: 9/8 - 11/17 Number of Sessions: 10 LOCATION: SAC 306	Meditation and Mindfulness Karen Santoro Dates: 9/8 - 11/17 Number of Sessions: 11 LOCATION: S104	Poetry Workshop Geraldine Kaplan, Bob Stone Dates: 9/8 - 11/17 Number of Sessions: 11		
12:00 - 1:15 PM	Mysteries of the Human Mind Larry Wilson Dates: 9/8 - 11/17 Number of Sessions: 11 LOCATION: N119	Introduction to the Macintosh Computer Frank De Rubeis Dates: 9/8 - 11/17 Number of Sessions: 11 LOCATION: S104	Not in Session 10/13 How the Universe Works Robert Bari, Angela Bari Dates: 9/8 - 11/17 Number of Sessions: 10 LOCATION: SAC 306	Current Events Len Farano Dates: 9/8 - 11/17 Number of Sessions: 11	A Celebration of Rock and Soul Music Bob Hayes, Susan Steinmann Dates: 9/8 - 11/17 Number of Sessions: 11		
1:45 - 3:00 PM	*1:45 - 3:30 PM* Let's Put on a Play! Debbie Starker Dates: 9/8 - 11/17 Number of Sessions: 11 LOCATION: Union Rehearsal Room	Randy Newman: One of America's Greatest Song Writers and Film Score Composers That You May Not Have Ever Heard Of Rick Rubin Dates: 9/8 - 11/17 Number of Sessions: 11 LOCATION: N119	Adolescent Literature for Adults: Banned Books Ellen Perz Dates: 9/8 - 10/27 Number of Sessions: 8 LOCATION: S109	Not in Session 9/22, 10/13 The Psalms: Finding Modern Meaning in Ancient Words Stephen Karol Dates: 9/15 - 11/17 Number of Sessions: 8 LOCATION: SAC 305	Not in Session 10/13 Topics in Art History Angela Bari Dates: 9/8 - 11/17 Number of Sessions: 10 LOCATION: Union Auditorium	Not in Session 9/22, 10/13 New York Times Science Seminar Bonnie Marks, Allen Sachs Dates: 9/8 - 11/17 Number of Sessions: 9 LOCATION: SAC 302	
3:30 - 4:45 PM	OLLI (Common Hour: Events, le	ectures, and meetings will b	oe held at this time to avoi	d conflicts with worksl	nops.	

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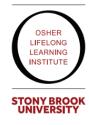
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			Tuesday		
8:30 - 9:45 AM	Scrolling Ourselves to Death: Attention Fragmentation in the Digital Age Martin Levinson Dates: 9/9 - 9/30 Number of Sessions: 4				
10:15 - 11:30 AM	The Big Band Era, It's History and Music Marty Rubenstein Dates: 9/9 - 11/18 Number of Sessions: 11 LOCATION: N119	Am I my Father's Son? Luciano Sabatini Dates: 9/9 - 10/28 Number of Sessions: 8 LOCATION: S109	The Lives of Stars and the 'Job' of the Universe Ralph Maust Dates: 9/9 - 10/28 Number of Sessions: 8 LOCATION: S102	The Rolling Roman Revolution Thomas Hayes Dates: 9/9 - 11/18 Number of Sessions: 11	Not in Session 10/7, 10/14 Yoga 101 Denise Teague Dates: 9/9 - 11/18 Number of Sessions: 9
12:00 - 1:15 PM	A Journey into the Great Divide of Human Consciousness Anthony A. Esposito Dates: 9/9 - 11/18 Number of Sessions: 11 LOCATION: S102	Not in Session 9/23 Protest Songs/Songs of Hope of the '60s Marc Comerchero Dates: 9/9 - 11/18 Number of Sessions: 10 LOCATION: Union Auditorium	Great Short Stories - Flannery O'Connor Joe Perlman Dates: 9/9 - 11/18 Number of Sessions: 11 LOCATION: S104	Google FREE Stuff? Yes, BUT, You will need to spend time to learn HOW to use them Thom Brownworth, Mark Correa Dates: 9/9 - 11/18 Number of Sessions: 11 LOCATION: N119	American Plays Colleen Rudman, Kathi Matos Dates: 9/9 - 11/18 Number of Sessions: 11
1:45 - 3:00 PM	Not in Session 9/23 *1:00 - 4:00 PM* Duplicate Bridge Arnie Fox & Sherry Shore Dates: 9/9 - 11/18	*1:45 - 4:00 PM* So You've Always Wanted to Act Debbie Starker Dates: 9/9 - 11/18	*1:45 - 3:15 PM* Seasonal Crafting Pam OBrien, Nancy Pally Dates: 9/9 - 11/18 Number of Sessions: 11 LOCATION: SBS S104	Behavioral Neurosciences Amazingly Simplified: Don't Retire! Rewire! Refire! Paul Mohan Dates: 9/9 - 11/18 Number of Sessions: 11 LOCATION: S102	Not in Session 9/23, 10/7, 10/14 Journey of the Soul: A Fresh Look at Life, Death, and the Rest—in Peace Rabbi Shalom Ber Cohen Dates: 9/9 - 11/18 Number of Sessions: 8 LOCATION: N119
3:30 - 4:45 PM	Number of Sessions: 10 LOCATION: Research & Dev Pk, Building 17, Room 109	Number of Sessions: 11 LOCATION: S109	The Science Behind Living Your Best Life SBU Center for Healthy Aging Dates: 9/9 - 11/18 Number of Sessions: 11 LOCATION: Union Auditorium		

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Wednesday							
8:30 - 9:45 AM	* 8:30 - 11:30 AM * Watercolor Studio	Not in Session 10/1 *9:30 -11:30 AM* Advanced Mahjongg Diane Fischer, Karen Jaffe Dates: 9/10-10/22 Number of Sessions: 6 LOCATION: S102	Ici on parle francais Catherine McDonnell Dates: 9/10 - 11/19 Number of Sessions: 11 LOCATION: S109				
10:15 - 11:30 AM	Bob Stone & Dorothy Sterrett Dates: 9/10 - 11/19 Number of Sessions: 11 LOCATION: SBS S104		Conversational French Catherine McDonnell Dates: 9/10 - 11/19 Number of Sessions: 11 LOCATION: S109	*10:00 - 11:30 AM* Digital Images for People Who Don't Know A Damned Thing About Them Michael Boren Dates: 9/10 - 11/19 Number of Sessions: 11 LOCATION: N119	Women You Should Know Ella Nyc, Mary Hance, Fran Leiboff Dates: 9/10 - 10/29 Number of Sessions: 8 LOCATION:SAC 302		
12:00 - 1:15 PM	The World's Greatest Geological Wonders Edwin Cohen Dates: 9/10 - 11/19 Number of Sessions: 11 LOCATION: Union Auditorium	Not in Session 9/17, 9/24 Original Star Trek - Beyond the Final Frontier Peggy Oliva, Bob Oliva Dates: 9/10 - 11/19 Number of Sessions: 9 LOCATION: N119	Poetry Out Loud Florence Mondry Dates: 9/10 - 11/19 Number of Sessions: 11 LOCATION: S102	Not in Session 9/24 - 10/15 Digesting a Good Book Dana Geils Dates: 9/17 - 10/22 Number of Sessions: 2	"Near Death" & "Spiritually Transformative Experiences" - How These Experiences Change Lives In A Meaningful Way Catherine Chapey Dates: 9/10 - 11/19 Number of Sessions: 11		
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	Thursday						
8:30 - 9:45 AM	Not in Session 9/18, 10/9 Chemistry Basics Part II Debra Pastore Dates: 9/11- 10/23 Number of Sessions: 5						
10:15 - 11:30 AM	The Near-Death Experience Gregory Alexander Dates: 9/11 - 11/20 Number of Sessions: 11 LOCATION: N119	* 10:00 - 3:00 PM * Stained Glass Workshop Susan Vlahakis, Diane Streuli & Linda Hamatz Dates: 9/11 - 11/20 Number of Sessions: 11 LOCATION: SBS \$109 Number of Session 10/2 Sophie's World: A Philosophical Novel (Part 3) Richard Hart Dates: 9/11 - 11/20 Number of Sessions: 10	Not in Session 10/2 A Musical Journey of Pop Artists Gary Field, Suzanne Field Dates: 9/11 - 11/20 Number of Sessions: 10 LOCATION: Wang Center 201	Science of Natural Healing Wayne Snell Dates: 9/11 - 11/20 Number of Sessions: 11 LOCATION: S102	The History of Native Americans and Their Long Journey to Long Island John Gobler Dates: 9/11 - 11/20 Number of Sessions: 11	Tragic Theater Arthur Bernstein Dates: 9/11 - 11/20 Number of Sessions: 11	
12:00 - 1:15 PM	Español: presente, pasado y futuro Anahi Walton Schafer Dates: 9/11 - 10/30 Number of Sessions: 8 LOCATION: S104		* 12:00 - 1:45 PM * Casual Cards and Games Mary and Scott McMullen Dates: 9/11 - 11/20 Number of Sessions: 11 LOCATION: SBS N119	Not in Session 10/2, 10/23, 11/13 Now that's Entertainment! Jeff Hollander, Diane Hollander, Larry Fein Dates: 09/11 - 11/20 Number of Sessions: 8 Not in Session 10/30, 11/6 Let's Talk Sports Jeff Hollander, Larry Fein Dates: 10/23 - 11/13 Number of Sessions: 2			
1:45 - 3:00 PM	* 1:00 - 4:00 PM * Beginning Bridge Part II Linda Good & Merna Avril Dates: 9/11 - 11/20 Number of Sessions: 11 LOCATION: Research & Dev Pk,		Putting the garden to sleep Anahi Walton Schafer Dates: 10/02 Number of Sessions: 1 Not in Session 10/2 Fiber Arts Corner (Knitting & crocheting) Anahi Walton Schafer Dates: 9/11 - 10/30 Number of Sessions: 7 LOCATION: S104	Writers at Work (previously named "The Craft of Writing") Amy Benjamin & Mary Ann Sommerstad Dates: 9/11 - 11/20 Number of Sessions: 11	Not in Session 10/23 A Survey of Enjoyable Music Fred Friedberg Dates: 9/11 -11/20 Number of Sessions: 10		
3:30 - 4:45 PM	Building 17, Room 109						





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8:30 - 9:45 AM	20TH Century American Presidential Elections Kenneth Geils, Dana Geils Dates: 9/12 - 10/24 Number of Sessions: 7 LOCATION: Union Auditorium	Adventures in Art and Photography Eric Lohse Dates: 9/12 - 11/21 Number of Sessions: 11				
10:15 - 11:30 AM	World War II Paul Knel Dates: 9/12 - 11/21 Number of Sessions: 11 LOCATION: Union Auditorium	Not in Session 10/17 Centennial 2025: Art Deco, The Jazz Age, and The Great Gatsby Amy Benjamin Dates: 9/12 - 11/21 Number of Sessions: 10 LOCATION: S102	Religion: Around us and within us Bob DeCostanzo Dates: 9/12 - 11/21 Number of Sessions: 11 LOCATION: N119	* 9:30 - 11:30 AM* Memoir Writing Dorothy Schiff Shannon Dates: 9/12 - 11/21 Number of Sessions: 11	Navigation, Dead Reckoning to GPS Richard Bova Dates: 9/12 -10/3 Number of Sessions: 4	Creative Photography Doris Diamond Dates: 9/12 - 11/21 Number of Sessions: 11
12:00 - 1:15 PM	Op-Ed Your Opinion of Their Opinion Ken Buxbaum & William Russell Dates: 9/12 - 11/21 Number of Sessions: 11 LOCATION: Union Auditorium	Genetics Testing Silvia Spitzer Dates: 9/12 - 10/17 Number of Sessions: 6 LOCATION: N119	Great Books Anita Edwards Dates: 9/12 - 11/21 Number of Sessions: 11			
1:45 - 3:00 PM	*1:45 - 4:45 PM* Rights, Camera Action! Tony Parlatore & Laura Joseph Dates: 9/12 - 11/21 Number of Sessions: 11 LOCATION: Union Auditorium	The Mystery Novel as Literature: The History of the Mystery Tasha H Greenberg Dates: 9/12 - 11/21 Number of Sessions: 11				
3:30 - 4:45 PM		Religion: Around us and within us Bob DeCostanzo Dates: 9/12 - 11/21 Number of Sessions: 11				