

OLLI at SBU Fall 2022 Catalog

Semester Start: 9/6/22 | Semester End: 11/21/22



OLLI returns to the Stony Brook University campus for the Fall 2022 semester!

We will be offering 3 different workshop formats for the Fall 2022 semester: in person, Zoom, and hybrid.

- In person workshops - Members will come to the Stony Brook campus or select off campus locations to attend these workshops.
- Zoom workshops - Members will attend these workshops virtually on Zoom.
- Hybrid workshops - These workshops will be held in person and on Zoom simultaneously, with the workshop leader conducting the workshop from the Stony Brook campus. At the time of registration, members will have the option of registering for *either* the in person section or Zoom section of the workshop.

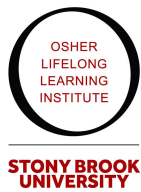
This catalog contains the complete list of workshops that are being offered in the Fall 2022 semester, along with their format. *The workshop format is subject to change.*

A more detailed schedule with the time and dates of each workshop can be found [here](#).

For more information please visit www.stonybrook.edu/OLLI

Membership Fees

- **Annual Membership \$325.00:** Covers the cost of membership for the 2022-2023 academic calendar year (09/22-08/23)
- **Term Membership \$165.00:** Covers the cost of membership for Fall 2022 semester (09/06/22-11/21/22)



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COVID-19 POLICIES

UPDATES TO BE PROVIDED FROM NEW YORK STATE & STONY BROOK UNIVERSITY WHICH MAY INCLUDE BUT ARE NOT LIMITED TO/ARE SUBJECT TO CHANGE.

- Vaccination Status Requirement
 - Per New York State policy, if you are registered for at least one in-person workshop, or accessing in-person services or facilities at any Stony Brook campus, you are required to obtain a COVID-19 vaccination.
 - You are required to attest to your COVID-19 vaccination status at the time of registration.
- Booster Status Requirement
 - Per New York State policy, if you are registered for at least one in-person workshop, or accessing in-person services or facilities at any Stony Brook campus, you are required to obtain a COVID vaccine booster as soon as you are eligible in order to continue your participation in the OLLI at SBU Program.
 - You are required to attest to your COVID-19 vaccine booster status at the time of registration
- Masks
 - Stony Brook University has lifted the indoor mask mandate as of Wednesday, March 2, 2022, on the West Campus – and nobody can ask another to mask (in classrooms, etc.) – we encourage all members of the campus community to respect individuals' decision to wear masks if they choose.

We continue to advise wearing a mask if you:

- Develop COVID-like symptoms
- Receive a positive COVID-19 test while you are on the campus
- Are concerned you could transmit a respiratory illness (*please remember not to come to campus if you're not feeling well*)
- Believe you have an increased risk of severe illness if exposed to and infected by a respiratory illness

All faculty, staff, students, and visitors must continue to wear face coverings while inside all Hospital buildings – regardless of their vaccination status.

Visit the [Stony Brook Stronger Together Site](#)



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Workshop Name	Workshop Leader(s)	Workshop Description	Workshop Format
20 -- 22 -- 24	Kenneth Geils & Dana Geils	This was/is a 3 semester workshop condensed into 2. In the Fall term, we'll undertake a study of the 2020 presidential election - lessons learned, demographic trends. Since that event, we endured an insurrection, COVID variants, vaccine crises, an inflationary spiral, Putin's madness and machinations, and Supreme Court decisions all leading to that consequential date of November 8.	In person
2nd year Latin	Thomas Hayes	This workshop is for those who were in the Intro to Latin workshop last year, or who have a very little Latin background. We will start with an extensive review, so beginners are welcome--but it will take a little extra effort to catch up.	Zoom
A Celebration of Rock and Soul Music	Bob Hayes	In this workshop we will view and listen to some of Rock and Soul Music's greatest performers. Besides enjoying some of their finest songs and albums, we will explore their early, formative years. This will help us to better appreciate and understand their musical craft. Our workshop is designed to be interactive, with member participation being most welcome. Your thoughts and experiences about the music of the era can add greatly to our grasp of each of the artists we will view. For example, your recollection of a particular song or album adds to our appreciation of the music. Also, if you attended any concerts of the performers we discuss in the workshop it would be great to hear your experiences.	Zoom



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A Short History of Conspiracy Theories in America	Martin Levinson	Topics could include the Salem Witch Trials to QAnon. Americans have engaged in conspiratorial thinking. This workshop will discuss, through examples, what provokes and sustains such outlier beliefs.	Zoom
Advanced Bridge	Jothi Curcio	This workshop is an advanced workshop. Thus, the participants should have a working knowledge of several of the most common bridge conventions such as 2/1, 1 NT forcing, Stayman, Jacoby transfers, cue bids, Jacoby 2 NT, new minor forcing, Weak two-bids, 2C Strong openings, Takeout/Negative doubles, Reverses, Roman Key Cards, etc.	In person
Adventures in Art and Photography	Eric Lohse	Members will submit their photographs, whether traditional or modified, for viewing and discussion by the workshop participants. Emphasis is placed on achieving an effective presentation to the target audience. Members will learn to see more intently.	Zoom
Am I My Father's Son?	Ken Buxbaum & Sandy Flansbaum	The objective of "Am I My Father's Son?" is men sharing their deepest confidential feelings about personal experiences with family, friends, work and other matters that generate significant feelings affecting men, sometimes either good or bad. The experiences are chosen by the workshop members. Participants are expected to be non-judgmental and supportive. Each member is considered an equal participant in a non-threatening environment. Members take turns as moderator. This workshop is designed explicitly for men but, as with all workshops of the Osher Lifelong Learning Institute (OLLI) at Stony Brook University, it is open to all members.	In person



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American Plays	Irma Gurman & Sol Gurman	We read aloud, watch, and discuss American plays. We learn about the playwrights, criticisms, and other relevant issues. The objective is to familiarize the workshop with great drama.	Zoom
Analyzing Lincoln's Speeches	Frank Myers	The first topic will focus on the basic concepts of rhetorical analysis. Then these concepts will be applied to the analysis of a series of Lincoln's speeches with the aim of understanding the way he approached political speech-making and the nature of their effectiveness. In the process, we gain greater understanding not just of rhetoric but of Lincoln himself. The first objective is to apply rhetoric concepts and categories to the assessment of political speeches generally, including contemporary examples. The second objective is to develop knowledge of Lincoln in a focused and specific way that is crucial to understanding his iconic standing in American history and political culture.	Zoom
Beginning Bridge	Linda Good & Merna Avril	Beginning workshop to teach the basics of bridge to people who have never played bridge before, or people who have played many years ago and would like a refresher - from the beginning. There will be no conventions introduced this semester - just basics.	In person



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Behavioral Sciences Amazingly Simplified	Paul Mohan & Lou D'Onofrio	<p>In our workshop, we will avoid technical complexities of neurosciences. It's so organized to help us understand and appreciate how the brain astonishingly communicates with our bodies and our environment to produce amazing interactions. We will utilize mainly simple presentations, video clips, fun exercises, and discussions to explain:</p> <ul style="list-style-type: none"> • Issues faced during pandemic: social disconnectedness; isolation, and addictions. • Emotions (love, fear, happiness), motivation, personality attributes, and internal states (thirst, hunger). • Leveraging brain plasticity and Positive Psychology (Gratitude, Kindness, Empathy) for a happier life. • Deciphering research aired by the media for greater usefulness. • Finding solutions for the myriad of issues faced by the elderly. <p>The only prerequisite for this workshop is an "open mind" and the only resource you need to bring is your "creative juices."</p> <p>It's also very important to note that: any medical information (via videos, presentations, discussions or otherwise) are NOT intended to replace professional medical advice; and should NEVER be used for self-treatment or self-diagnosis.</p>	Hybrid



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Business of Sports: Let's Talk!	Jeffrey Hollander & Larry Fein	<p>Could this be the year one of the NYC metro area's 9 major sports teams finally wins another championship? Mets and Yankees offer us their most hope in years. The NFL draft greatly improved the Jets and Giants - at least on paper. The Nets and Rangers showed promise while the Knicks, Isles, and Devils didn't. Join our highly recruited panel of "sports experts" weekly to complain, dissect, and second-guess the real experts running our franchises. If only they knew what we do, maybe then the champagne would be flowing annually. Will the next multi-millionaire player really make a difference or just create another overpaid athlete on the payroll? Our billionaire owners simply pass the cost along to us, the fans, with higher ticket prices, concessions, parking, and souvenirs. Had enough?? We've perfected the art of venting.</p>	Zoom
Casual Cards and Games	Scott McMullen & Mary McMullen	<p>Join with OLLI friends to play some new and classic board and card games. Each session will start with a brief overview of the day's game and its rules. Then, participants will break into groups or teams to play that game(s). We plan on sharing five to seven games throughout the fall. This semester's challenges may include Phase 10 and Rummikub. You may be familiar with some or all the games. Note: the workshop is for fun and includes friendly competition. To avoid controversy, we will follow "house rules" since many popular games have multiple rules and interpretations. Come alone or bring friends.</p>	In person



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Classic Jazz and the Great American Songbook	Marty Rubenstein	The Great American Songbook refers to the tunes and lyrics of the composers of the past and present, including Cole Porter, George Gershwin, Jerome Kern, Harry Warren. In our workshop we will listen to and see some of the great Jazz artists such as Billie Holiday and Benny Goodman as they sing and play the great tunes of the songbook. We will also feature some of the new jazz artists of today as they present and interpret the wonderful tunes of the past and present. Join us and see and hear what makes these songs and artists great.	In person
Classical Music: Themes and Variations V	David Bouchier & Thom Brownworth	This semester we will continue to explore the vast and varied landscape of classical music, from the earliest times to the twentieth century. The goal is to make this tradition more familiar, more accessible, and more enjoyable to everyone, with or without musical training. After a swift overview of the history we will focus on a series of themes that highlight varied aspects of classical music, including music as a mirror of history, musical humor, the unique musical heritage of Spain, the concerto, and chamber music.	Zoom
Continuing Advanced Latin	Thomas Hayes	Salvete! This is a workshop for those who have spent at least 2 years in the OLLI Latin program or who have a pretty good understanding of how Latin works as well as a basic Latin vocabulary. There will be lots of review for those who are rusty. Be brave!	Zoom



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Conversational French	Catherine McDonnell	This workshop is for those who have an excellent knowledge of the language and wish to increase their fluency, or for those seeking an opportunity to simply converse with fellow francophones. The workshop is conducted almost entirely in French. We will engage in a variety of activities to expand our vocabulary, to review grammar, and to converse. "Alors, venez, apprenez, et amusez-vous bien!"	In person
Cooking Tasty Meals for One	Louise Spangle	Each session the workshop leader and participants will share ideas for simple meals and recipes. Our focus will be easy, quick recipes that can be scaled down to serve 1-2 or can be frozen as single servings to eat later. Format will include a mix of leader presentation and participant discussion.	Zoom
Craft of Writing	Mark Prendergast	A roundtable presentation and discussion of members' work in various genres - fiction, non-fiction, poetry, essay, script-writing. The emphasis is on effective writing techniques, not overall story-telling, so presentations are limited to 500 words or so. Longer work can be excerpted or serialized over the course of the semester.	Zoom



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Creative Photography	Doris Diamond	The focus of this workshop is creative photography ideas and methods. The objective is to inspire the participants to try lots and lots of ways to enhance their photos as well as to try new subjects and in camera techniques.	Zoom
Current Events	Bob Ober & Murray Rawn	Participant discussion of current events, with occasional emphasis on politics and changing laws.	Zoom
Digesting a Good Book	Dana Geils	<p>Read a book. Learn a bit about the featured author before joining a lively discussion with fellow OLLI members in a friendly environment. Examine the style and quality of the writing, the characters, the plot, the themes/problems explored and consider the what-ifs, hows and whys as well. Reading both fiction and nonfiction, we will be reflecting on the issues addressed, thinking about how our own experiences affect our understanding of the material and what our reactions are to comments other members have made.</p> <p>Members are expected to have read the selected book for each session. We will meet once a month.</p> <p>Session 1: How Beautiful We Were by Imbolo Mbue Session 2: The Fact of a Body by Alex Marzano-Lesnevich Session 3: The Personal Librarian by Marie Benedict and Victoria Christopher Murray</p>	Zoom



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Duplicate Bridge	Arnie Fox & Sherry Shore	We will continue to focus on bidding, play-of-the-hand, and defense. Everyone is expected to play the 2/1 system (including 1NT forcing) along with the various conventions that have been covered in previous semesters. Meetings are held at the Port Jefferson Village Center.	In person
Electronic Navigation Systems: Radio Beacons to GPS	Richard Bova	For centuries mariners have dealt with the problem of finding their way from point A to point B while traversing large areas of open water. Without the benefit of landmarks, they relied on dead reckoning and celestial navigation to get to and from their destination. The workshop will begin with a brief description of these early methods and then continue with the first generation of electronic navigation systems that used radio beacons as electronic lighthouses. The next generation was a class of equipment known as hyperbolic navigation systems. These systems allowed navigators to locate their position in terms of Latitude and Longitude with relatively good accuracy. Although limited in distance, they were good enough to safely guide aircraft and sea vessels to a destination. The emergence of satellite navigation systems such as GPS with greatly improved range and accuracy made previous navigation systems obsolete. Our ancestors would be astonished at the ease in which we can locate ourselves almost anywhere on earth with only a hand-held device.	Zoom



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Elijah the Prophet: The Man Who Never "Died" and Still "Lives"	Stephen Karol	Elijah the prophet appears in only 8 chapters in the Hebrew Bible, but his importance and influence extend far beyond it. He is "there" at the end of every Sabbath, has his own cup at every Passover Seder, has a seat reserved for him at every bris, is the subject of many stories, and will be "there" when the Messiah comes. His greatness is constantly emphasized in Judaism and is acknowledged in Christianity and Islam. Join me for some text analysis and sharing personal interpretations that will have meaning for each of us.	Hybrid
Food, Science, and the Human Body, Part III	Peter Akras	Human evolution and the rise of civilization is intimately linked to the evolution of our diet. We are the only animals that cook and this discovery has helped make us human. In this Great Courses video series in association with National Geographic, Prof. Alyssa Crittenden provides insights into both food history and nutrition to explain why we eat what we eat. In Part III of this 3 part series we will begin with the coevolution of genes and diet and end with the future of food. Each video is 30 minutes long which leaves plenty of time for discussion.	Hybrid
For Book Lovers Only	Joe Perlman	A discussion group for Bibliophiles, I will assign a short reading each week which will stimulate discussion on topics of interest to book lovers. Topics will include: famous book collecting eccentrics, book banning and censorship, books that most influenced our thinking, why we read, etc.	Hybrid



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French for Beginners	Catherine McDonnell	In this workshop members will learn pronunciation, basic vocabulary, and common phrases for use in simple conversations. The workshop is arranged by themes, for example, greetings, getting acquainted, daily activities, and so on. There will be a variety of activities designed to develop listening and speaking skills. So, come, learn to speak French, and have fun!	In person
How Happiness Thinks	Rabbi Shalom Ber Cohen	How Happiness Thinks is much more than a tool to boost your happiness. It is an exciting journey into your own mind and psyche. Drawing on classical Jewish and mystical teachings, this workshop will present you with a deeper understanding of yourself, and help you flourish by suggesting practical advice which, when implemented, will radically enhance the happiness quotient of your life. You'll also learn how the science of positive psychology is now corroborating what Judaism has always known about what makes us happy.	Hybrid
Indigenous Films	Susan Steinmann	This term we will present indigenous films and filmmakers as well as print expressions to examine and confront the past in an artistic and creative way. These productions are not ABOUT Native Americans, but BY indigenous people about themselves and their lives. The print selections will be presented by different workshop participants as well as the workshop leader.	Zoom



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Interregnum - 11 November 1918 to 1 September 1939	Paul Knel	During this workshop, we will explore the events and personalities that shaped history from Nov. 11, 1918 through Sep. 1, 1939.	In person
Knit and Crochet your Way to Zen!	Anahi Walton Schafer	This workshop is open to experienced individuals and beginners. The combination of counting, gentle hand motions, and focus on work while engaging in lively conversation can help to reduce stress and lead the mind to the here and now. If you don't have a project already, you will find one. Come play with colors and textures and textures!	In person
La France d'Aujourd'hui	Tasha H. Greenberg & Barbara Liebermann	This workshop is geared to the intermediate level, to give French language learners additional practice in listening and speaking. We will feature French language movies and novels which we will use as the basis for discussion and vocabulary enrichment. We will occasionally include short grammar reviews. We try to speak French most of the time. Your spoken French does NOT have to be perfect: all that's necessary is a willingness to try in a very friendly and relaxing atmosphere!	Zoom



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Learn to Draw - For Beginners	Richard Bova	This workshop is an introductory drawing workshop that will start with sketching basic shapes, adding tone and shading and making use of contour and perspective drawings. This is an abbreviated workshop designed for beginners with little or no drawing experience. It is a prelude to the next workshop, Drawing Workshop, which will be held during the Spring semester.	Zoom
Magic for Grandparents	Mike Maione	This is a beginner workshop where participants will learn the essential skills needed to perform magic to entertain friends, family, and especially kids. Each week several tricks will be taught that exploit various magic techniques including sleight of hand, psychology, misdirection, and gimmicks. Participants will learn magic with ropes, cards, money, and other ordinary objects.	In person
Memoir Writing	Dorothy Schiff Shannon	You are the repository of the stories of your time. We will be both storytellers and historians. Memoir writing is a group effort in which we support and critique one another's work, in an effort to produce memoirs worthy of preservation.	Zoom



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National Parks of California	John Gobler	This workshop will take you on yet another journey through the 33 National Parks/Historic Sites of California. On this journey through California we will visit some places that may be familiar to you, but you will learn a lot more about those places and discover a whole world of new sites you may never have heard of. At each of the sites we will visit, you will learn the rich heritage behind them and the stories of their history that made them worthy of being designated a National Park or Heritage Landmark Site. In addition, we will explore the early Spanish - Mexican - Early American heritage of California and its numerous historic trails (i.e. Pony Express), and conclude with a trip to Yosemite National Park.	Zoom
Nature Photography: Gems of Long Island	Susan Steinmann & Robert Steinmann	Nature Photography Gems of Long Island will present elements of good composition along with places to capture good nature photos at Long Island's many wonderful nature preserves.	Zoom
New York Times Science Seminar	Bonnie Marks & Allen Sachs	This is a collaborative workshop where members take turns each week leading the discussions. Our guide is The New York Times Science section, published every Tuesday. Volunteers select an article of their choosing, tell why they feel it is important and discuss it with the workshop. We will also share and discuss articles from other sources.	In person



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On Life and Consciousness	David Tarbell	I will address limitations I see in current standard theories about life and consciousness and offer pointers to more inclusive forms of understanding. I will draw on the work of Antonio Damasio, Irwin Thompson, Merlin Donald and others. This will expand on my previous workshop "On Being Human."	Zoom
ON1 2022 Photo Editing	Bob Oliva	In this workshop, you will be developing the skills needed to enhance your photos and make them stand out from the crowd using ON1 Photo Raw. We will use it as a complete standalone photo-editor application, although it can also be a plugin to Photoshop or Lightroom. This will be the first term of a two semester workshop. Attendees will be utilizing ON1 in their own computers for hands-on experience.	Zoom



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Once Upon a Time: Writing Fiction	Ada Graham & Annette Thies	A demanding, intensive workshop for a community of dedicated and disciplined fiction writers. Focused writers will share work of varying lengths and provide incisive criticism. Instruction will emerge as members evaluate prose in a mutually supportive yet unflinchingly critical colloquium. The goal is to produce personally fulfilling and publishable works of fiction. This workshop has a capacity of 10 people.	Zoom
Op-Ed, Your Opinion of Their Opinion	Ken Buxbaum & Sandy Flansbaum	Op-Ed provides the opportunity to join in discussions of the political, social and economic issues currently affecting our lives. Each week three different volunteers present newspaper, internet or magazine opinion articles, that can be read aloud in five minutes or less and make for lively discussions by members with differing points of view. While every volunteer has the opportunity to comment first or last on their own article, they may want to sit and listen as everyone gets a chance, face-to-face, to voice his or her opinion on the subject.	In person



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Our Wonderful Consciousness	Carter Bancroft	<p>We are all conscious, and so we each have an intimate relationship with consciousness. But a deep, still unsolved problem is how a wonderful, seemingly ethereal consciousness (mind) emerges from our squishy c. 3-pound biochemical brains; e.g., how do we actually experience a beautiful sunset. Nonetheless, studies by neurologists, neuroscientists, etc. of both healthy and injured brains, are yielding fascinating information about how our brains function.</p> <p>We will consider a number of topics in this area, including: Our sense of self and our body parts (including phantom pain sensations in missing limbs); Case studies by Oliver Sacks of patients with neurological disorders, yielding exquisitely detailed information about brain functions; Emotions, where mind and body meet; The remarkable work by Adrian Owen on the successful search for consciousness in completely unresponsive “vegetative” patients; Questions about Free Will resulting from studies indicating that it is actually the unconscious part of the brain that actually initiates our actions; the question of whether machines (i.e., AI) can ever be conscious; and a far-out philosophical question about whether a “zombie” could exist, that is devoid of consciousness, but indistinguishable from a normal human. No scientific background is required for attending this Workshop. See you there!</p>	In person



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Philosophical Fiction of J.M. Coetzee	Richard Hart	Internationally acclaimed novelist J.M. Coetzee, who grew up in South Africa and now lives in Australia, was awarded the Nobel Prize in Literature in 2003. His writing, innovative in craftsmanship, is often philosophical in nature. This workshop will examine his novel, ELIZABETH COSTELLO, which is comprised of eight formal addresses given by Costello, an aging and much-celebrated writer. Her lectures probe such themes as the nature of storytelling, the arts and humanities, a woman's life, and philosophical issues such as human nature, aging and death, good and evil, and humans' relation to animals.	In person
Photography Before Photoshop, Part 1	Frank De Rubeis	A basic workshop in the fundamentals of photography including understanding basic camera operations, exposure controls, lighting, color, and other techniques. The purpose of the workshop is to understand how the new digital, "auto everything" cameras function so that the photographer can exercise control over the final project. The workshop will include topics that cover all types of modern photography, including the use of smart phones, "point and shoot" cameras, as well as more professional equipment, such as SLR's and other cameras with manual controls.	In person



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Poetry Out Loud	Florence Mondry	A workshop for the discussion of poetry presented by volunteer members in order to discover together the pleasure and beauty of poems and get to know the poets who created them in an environment conducive to understanding what makes a poem a poem.	In person
Poetry Workshop	Geri Kaplan & Bob Stone	The focus of this workshop is the craft of writing poetry. Participants bring in their poetry and share their work with the group. The goal is to point out the strengths of the writing with the goal of encouraging the writer to continue writing and improve their skills in writing poetry.	Zoom
Regional American Writers: Into the Twentieth Century	Anita Edwards	Our consideration of regional American writers will move to the twentieth century. Reading includes F. Scott Fitzgerald's <i>The Great Gatsby</i> , William Faulkner's <i>As I Lay Dying</i> , and John Steinbeck's <i>The Grapes of Wrath</i> .	Zoom
Religious Traditions and Religious Thought - across Time and across the Globe	Bob DeCostanzo	We will not only examine various world religions, but we will also delve into such controversial topics as sin, the soul, the afterlife, the sacred, the divine, mysticism, and the prophets - and more!	Zoom



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Rights, Camera, Action!	Tony Parlatore & Mark Prendergast	Each session features a film with the law as a central element, followed by a guided discussion of the reel vs. real world of crime and punishment, legal rights and wrongs, and governance. The line-up is varied, from “12 Angry Men” to “Kramer vs. Kramer,” from “Justice at Nuremberg” to “My Cousin Vinny.” The workshop will be co-led by a longtime practicing attorney and a veteran journalist who covered how law is made and applied.	In person
Science of Natural Healing	Wayne Snell	Explore holistic approaches to health care and discover many natural-based treatments and methods that are both clinically proven and readily available to you. The Great Course DVD by Professor Mimi Guarneri, M.D. FACC- Scripps Center for Integrative Medicine, and Brent Bauer, M.D.-Mayo Clinic, will be integrated into this workshop. (Activities applying the Lectures of natural healing, such as breathing, chair exercise, stretching, and stress reduction will be included in each session.)	Hybrid
Sex, Lies and Makeovers: Ovid’s Metamorphoses	Thomas Hayes	Ovid’s Metamorphoses is the basic text through which we receive and understand Greco-Roman mythology. Both epic adventure and home-spun entertainment, Ovid’s fifteen chapters lead us from the creation of the world down to the rule of Augustus, the first emperor, and is brimming with sex and blood, miracles and monsters, love and revenge, tears and laughter, and lots of clever moves and movers. And, of course, transformations, since myth is all about making things new. All this is packaged in incredible poetry. Join us for the romp.	Zoom



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Workshop Name	Workshop Leader(s)	Workshop Description	Workshop Format
SHTISEL.....The Kasher Soap Opera Continues	Rick Rubin & Bob DeCostanzo	This award winning Israeli television series, streaming on NETFLIX, will be viewed, analyzed, and discussed through a variety of cultural prisms and themes. Each week workshop participants will watch one 40 minute episode prior to the workshop. Whether you are watching it for the first time or are a repeat customer, you should find SHTISEL to be a rich and rewarding experience.	Zoom
Spanish Basics +	Anahi Walton Schafer	This workshop is aimed at beginner and intermediate Spanish learners. Members will learn and practice reading, writing, listening and speaking with a variety of materials such as poems, visual arts, music, and videos. Meetings will be organized by topics: introducing oneself, small chat, family and friends, leisure, food, community, shopping, and health.	In person
Stained Glass - Beginner and Intermediate Level	Tina Sznitken, Susan Vlahakis, & Diane Streuli	This workshop is recommended for those who already have experience with the basic skills of cutting, grinding and soldering. It is a cooperative learning environment where members help one another to improve their techniques, sharing ideas and suggestions.	In person



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The 1619 Project: A New Origin Story	Karen DiPaola, Carmela Gustafson, Jane Cash, & Yvonne Liefbrig	The 1619 Project speaks directly to our current moment. It originated as a series of essays in the NYTimes magazine. Pulitzer Prize-winning journalist Nicole-Hannah Jones created the project which “reframed our understanding of American history by placing slavery and its continuing legacy at the center of our national narrative.” We will use the essays, poetry and short fiction in the text to examine some of the ways in which the legacy of slavery did not end with emancipation, but continues to shape American life today.	Hybrid
The Clarinet Concerto: From Vivaldi to Copeland to Jazz	Fred Friedberg	The clarinet’s sweet lyrical sound has inspired composers from the baroque era to the present to write beautiful solo works that highlight the unique voice of this instrument. This workshop will tour the sonorous evolution of the clarinet from its earliest days. This will include audio and video performances with time for interactive discussion. With the invention of the clarinet around 1700, Vivaldi composed Concerti Grossi for clarinet and oboe. This was followed by the first modern clarinet concertos of Stamitz that displayed the melodic virtuosity of the clarinet solo. In the classical period, Mozart’s emotionally stirring Clarinet Concerto in A is one the most performed symphonic works as well as the bane of students practicing the infamous opening phrase, the set piece for many auditions. My goal in this workshop tour is to inspire an appreciation for the clarinet in its most lyrical solo form.	Zoom



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The Longest Distance Between Two Points	Bruce Stasiuk	<p>Knowledge seekers shall learn about balsa wood, kosher salt, Allstate's Mayhem guy, straw v hay, George Washington's brother (the uncle of our country), the word 'notwithstanding', the refined skill of impressing dinner guests by quoting Simone de Beauvoir and/or Guy de Maupassant, and who speaks for the 10% of Americans who have protruding navels? We'll research why peruse doesn't mean peruse. Why a lectern can be on a podium, but a podium would look downright silly on a lectern. We'll do the NYT weekly news puzzle to annoy Larry. The true meaning of Sheepshead Bay and the Outerbridge Crossing will be revealed. We'll ask workshop participants where in Brooklyn they were born and how they managed in a house with no air conditioning and one bathroom. We'll speculate why western singers always wear cowboy hats and boots...</p>	Zoom
The Mystery Novel as Literature	Tasha H. Greenberg & Diane Fischer	<p>Using PowerPoint presentations plus movies and TV productions, we will continue our examination of this appealing branch of literature with several works including police procedurals, detective stories, crime thriller, forensics and true crime. We will include popular authors and a few who are less well-known.</p>	Hybrid



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The Science Behind the Headlines: Climate Change and other Issues	Gene Sprouse & Peter Bond	The goal of the workshop is to present the basic science behind subjects that are current and important to the country and to the world, at a level that non-experts can understand. Subjects will include global warming, energy, medical radiation, GPS, black holes and the big bang, as well as other topics of interest to the workshop members. Both leaders are physicists and each has experience at communicating science to non-experts without mathematics.	Hybrid
The Twilight Zone Revisited	Robert Mirman & Jay Zuckerman	Looking back on an iconic television show from our past. We will watch selected half hour episodes and then discuss and analyze the episodes.	Hybrid
There's No Business Like Show Business	Diane Hollander & Jeffrey Hollander	We invite you to join us for another journey back to the 20th century of show business where we'll revisit many iconic stars in their heydays. It was an era of no streaming, no DVR's, and when your favorite shows were presented live, for better or worse. Each week expect to learn about another famous celebrity or two who ruled the televisions, stages or movie screens of that period in time. They'll come to life with our interviews, clips, bloopers, and of course, their biographies. You can expect mega-stars like Dean, Jerry, Red, Andy, Perry, Bob, Larry, Tom, Dinah, Tony, Cher, Bing, Annie, George, and many others to be considered by us. Regardless of who we choose weekly, we promise they'll perform as show business icons were capable of doing. Although those memorable days did end, we can relive them together again with our OLLI friends each week this fall. A seat on the aisle is reserved for you.	Zoom



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Tragic Theater	Arthur Bernstein	This semester the workshop will discuss the work of three of the most successful American playwrights: <i>The Glass Menagerie</i> by Tennessee Williams, <i>Death of a Salesman</i> by Arthur Miller and <i>Long Day's Journey into Night</i> by Eugene O'Neill. Each play will be analyzed in detail and a production will be shown.	Hybrid
Understanding Opera	Irma Gurman & Sol Gurman	Exploring operas and topics relevant to operas, such as listening to famous performances, lives of the composers, famous artists etc.	Zoom
Walking for Fitness	Mary Hance	This workshop will discuss the importance of having a variety of exercises in your daily routine. We will learn to stretch prior to walking, & discuss & demonstrate the proper way to walk. We will walk on the SBU campus taking a variety of routes.	In person
Watercolor Studio	Bob Stone & Dorothy Sterrett	In this workshop we will explore more advanced techniques/concepts in watercolor painting. We will create watercolor paintings and constructively critique each other's work. Participants should be experienced in the creation of watercolor paintings, along with basic drawing skills. We will reference the work of established artists to inform our work. Our goal is to grow together as watercolor artists.	In person



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Why Museums Matter	Jackie Day	<p>Museums are changing with our times and this workshop will address how the museum is meeting the challenge of increasing diversity and accessibility in exhibitions, collections, and educational programs. The workshop, to be held at the Long Island Museum in Stony Brook, will include discussion, hands-on activities, and tours of collection storage spaces, presented by LIM curators and educators. Learn about the museum’s groundbreaking exhibition on slavery on Long Island. Participate, with museum educators, in a new education program on Elizabeth Jennings, called the Rosa Parks of NYC. Find out about the museum’s plan to expand art and history collections to better reflect the cultural and racial diversity of Long Island. Join Jackie Day, OLLI Member and workshop leader for this incredible workshop, as she utilizes her knowledge and skills as the retired director of the Long Island Museum and former director of the Adirondack Museum.</p>	In person
Yoga 101	Denise Teague	<p>Yoga 101 welcomes all including those who are new or have little experience with yoga. We will focus on the basics of yoga at a pace that is not overwhelming and in an environment that is safe, welcoming and non-judgemental. Participants will be introduced to yoga postures through step-by-step verbal description and demonstration. Emphasis is placed on participant understanding, safety, and stability.</p>	Zoom



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Zero-Sum Racial Hierarchy: Fallacies and Perils. A Group Reading of The Sum of Us, by Heather McGhee	Carmela Gustafson	The group will explore the central thesis of the book: that notions of zero-sum racial hierarchy are not only outdated, but also counter-productive. Although the majority of people of color don't see things this way, it is the dominant white worldview. What is the source of this perspective and how can we untangle its complex effects? Although McGhee does not shy away from exposing the horrors of racism, she also shares an optimistic view of a different way forward, by providing specific examples of how multiracial coalitions can produce a "solidarity dividend" for all concerned.	Zoom