



## **Stony Brook University; The Department of Campus Recreation**

### **Group Fitness Instructor**

#### **Job Description**

The Department of Campus Recreation is currently looking for a qualified individual to fill the Group Fitness Instructor position(s). This position is directly supervised by the Assistant Director and the Manager of Fitness & Wellness Programming and will assist in a variety of areas, including, but not limited to:

- Responsible for the daily classes they are scheduled for within the Walter J. Hawrys Campus Recreation Center.
- Conduct classes for participants following protocols as accepted and provided by the Department of Campus Recreation.
  - Proper warm up, class routine and a cool down/stretch session.
  - Accompany your class with appropriate music
  - Instruct within your knowledge and expertise
  - Be aware of participant safety during class time(s)
- Collaborate with the Marketing Department for the timely communication and distribution of group fitness-related programs and services.
- Model, promote, and consistently enforce Campus Recreation policies.
- Execute fitness-related special events: fitness jams, Healthier U events, workshops, health fairs, as well as University employee/community-based events.
- Respond to participants' questions and comments with superior customer service.
- Assist in the maintenance of fitness related equipment and inventory. Make recommendations for future program purchases.
- Perform other duties as assigned.

#### **Job Requirements**

- Valid C.P.R. & A.E.D. certification from the American Heart Association or the American Red Cross.
- Outgoing personality with exemplary communication skills.
- Primary Group Fitness Certification from ACE, AFAA, NETA or NASM preferred or other Nationally Recognized and Accredited Organization. Must obtain certification prior to hire.

#### **Preferred Requirements**

- Able to work about at least 3 hours per week and have flexible availability

#### **Hiring Process**

- Turn in a Resume and Cover Letter/Personal Statement to the Assistant Director of Fitness & Wellness Programs for review (Campus Recreation Center, Room 115). If selected an interview will be scheduled.
- If chosen for further consideration the candidate must:
  - Score 85% or better on our written exam
  - Successfully demonstrate practical skills including warm up, short class sample and cool down accompanied with music

The Department of Campus Recreation  
Walter J. Hawrys Campus Recreation Center, Room 115  
Z=3131 631-632-4661