

**Student Health Advisory Council (SHAC)  
Stony Brook University**

Tuesday, November 10, 2020 - 4:30PM - Zoom Call

- Meeting called to order at 4:30pm
  
- Attendance taken:
  - Alexander Kutsupis
  - Charos Usanova
  - Ocean Karim
  - Arsh Naseer
  - Brianna Blagrove
  - Cindy Baez
  - Nikhil Bamarajpet
  - Olive Calonge
  - Gina Ferrara
  - Kenny Desai
  - Jennifer Kustanovich
  - Dr. Marisa Bisiani
  - Dr. Rachel Bergeson
  - Dr. Julian Pessier
  - Dr. Smita Majumdar Das
  - Cathrine Duffy
  - Kerri Mahoney
  
- Review Purpose of SHAC (Kerri)
  - SHAC is a campus council/committee that meets monthly to review and discuss health and wellness related resources for all students (undergraduate and graduates). Once a year, SHAC votes on the Student Health and Wellness Fee budget after a comprehensive explanation/review from Dr. Bergeson.
  
- Update on SBU's response to COVID (Marisa)
  - Our COVID rates on campus remain low due to the vigilant testing efforts performed by SHS in partnership with Enzo Labs.
  - Commuter student testing has expanded.
  - Saliva testing is being implemented for staff.
  - Question from Student: "What is the new / additional health fee being charged to international students?"
    - Response: This fee insures that SBU can get you home safely should you become sick/ill while at school and need to be transported back home.

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- Review of Services from Student Health (Rachel)
  - Leading the effort of testing students on campus
  - All services are still being offered - just call the main line at 631-632-6740 to make an appointment. Services include:
    - General physical health needs
    - GYN Clinic
    - Pharmacy
    - Self Care Clinic
    - Flu Shots!
      - Now more than ever it is important to get your Flu Shot! Students can get their flu shot for free at SHS. Just call and make an appointment.
  - Extended hours - open 7 days a week.
- Review of Services from CAPS (Julian)
  - All services are still being offered (counseling and therapy) via telemedicine this semester. Call 631-632-6720 to make an appointment.
  - If you need help finding a private space to participate in your counseling session, reach out to CAPS and they can help you find space / discuss a plan.
  - CAPS is offering several workshops throughout the semester, details can be found on their website [stonybrook.edu/caps](http://stonybrook.edu/caps).
  - CAPS PALS is back virtually this semester. A list of dates and times are available on the website [stonybrook.edu/caps](http://stonybrook.edu/caps).
- Review of Services from CPO (Smita and Kerri)
  - CPO aims to educate, empower and connect students around topics involving health education, mental health awareness, substance abuse prevention and interpersonal violence prevention.
  - Three bystander trainings - Red Watch Band, Green Dot and QPR - complete all three (by the end of the semester prior to graduating) to receive your Upstander Award.
  - Protect yOUR Health Workshops - five (45 minute) workshops focusing on health education. Topics include COVID, Flu, STDs, Nutrition and Health in College. Complete all five (by March 1st) to receive your Health Hero Award.
  - CPO's Let's Talk - free, brief, confidential conversation with a counselor. Offered virtually this semester. Register for a session at [tinyurl.com/virtualletstalk](http://tinyurl.com/virtualletstalk)
  - Survivor Advocate and Prevention Specialist - free, confidential resource on campus for survivors of sexual violence.
- Meeting Called to End at 5:30pm
- Next Meeting: Tuesday, November 10th at 4:30pm