

# STONY BROOK UNIVERSITY

# LACTATION ROOMS

## OVERVIEW AND TERMS OF USE

With generous support from Stony Brook University's President's Office, the Presidential Diversity Funded Initiative, and the Renaissance School of Medicine, the Department of Student Community Development has created Stony Brook University's first publicly available designated lactation rooms. These spaces support the needs of campus community members who wish to continue their breastfeeding journey upon their return to campus.

### Amenities

Campus lactation rooms are specifically dedicated for the purpose of offering a quiet, comfortable, and private space for breastfeeding parents to express breastmilk during the hours they spend on campus. Each room contains the following features:

- Medela Symphony® Breast Pump\*
- Cleaning and Personal Care Supplies\*\*
- Mini Refrigerator\*\*\*
- Microwave (for steam cleaning)
- Electrical Outlets
- Chair, Ottoman, Pillow and Throw Blanket
- Sound Machine
- Changing Table
- Temporary Storage Lockers
- Privacy Screen
- Vacant/In-Use Signage
- Sharpies (to mark breast milk bags; *please follow specifications below regarding storage*)

### \*Medela Symphony® Breast Pump

- Users who wish to express milk via a pump may do so with their own personal pump, or with the Medela Symphony® Breast Pump\* located in each room. The Medela Symphony® Breast Pump is a *multi-user* hospital grade pump. To use this pump, each user is *required* to purchase their own Symphony® specific breast pump kit.
  - For more information you can visit [www.medela.com](http://www.medela.com) or call 1-800-435-8316
  - Medela also offers various resources, as part of our agreement, including but not limited to [www.MedelaBreastfeedingU.com](http://www.MedelaBreastfeedingU.com).
  - More information on how to use this pump, and other related Medela resources are available in each space. Access to a restricted Google Drive folder with this information will also be shared with each approved user.
  - Maintenance of the Symphony® will be coordinated by the Department of Student Community Development. Please email

[student\\_community\\_development@stonybrook.edu](mailto:student_community_development@stonybrook.edu), call 631-632-7353 or visit Suite 205 to indicate any concerns about equipment performance.

### **\*\*Cleaning and Personal Care Supplies**

- A limited quantity of cleaning and personal care supplies were purchased for the various lactation room spaces across campus. *Please note that sustaining this supply is funding dependent, and thus not guaranteed.* Users are encouraged to bring their own cleaning supplies to supplement, as needed.
  - The following supplies may be present in the room:
    - Quick Clean Microsteam Bags (Medela)
    - Quick Clean Disinfecting Spray (Medela)
    - Hand and Surface Alcohol Sanitizing Wipes (*not specifically formulated for use on breastfeeding equipment, et al.*)
    - Disposable Surface Covers
    - Paper Towels
    - Hand Sanitizer Dispenser
    - Breast Milk Storage Bags (Medela)
    - Breast/Bra Pads (Medela)

Please email [student\\_commuter\\_development@stonybrook.edu](mailto:student_commuter_development@stonybrook.edu) if stock needs to be replenished. Pending inventory, we will restock as soon as possible.

### **\*\*\*Mini Refrigerator**

- Expressed milk stored in the refrigerator *must* be labeled with the user's name, phone number with area code, and date the milk was expressed.
- It is the responsibility of each user to remove stored milk by building close each day. Please refer to posted building hours on the facility's respective website.
- In the event of a known power failure, a staff member will do their best to contact the number on each milk bag so users can retrieve their stored milk. However, ultimately, the building is not responsible for the stability and security of stored milk.

### **Cleaning Procedures**

It is the responsibility of lactation room users to maintain a clean room, ready for the next user. Users must follow steps outlined on the "How to Keep Your Room Clean" graphic posted in each room to ensure that space is kept as tidy and sanitary as possible.

- All breast milk spills must be cleaned using the anti-bacterial cleaning wipes and/or solutions provided in the room.
- The building facility manager should be notified of any spills that require greater custodial attention. *Each room will have this phone number posted in the space.*
- After every use, the Medela Quick Clean Wipes and/or Quick Clean Disinfecting Spray should be used to wipe down areas where personal pump parts/tubes touch the shared Medela Symphony pump. (Please see note above about cleaning supply inventory.)
- Users are responsible for keeping the refrigerator and microwave clean and tidy.

## Terms of Use

- Users may access the lactation room only for the purposes of expressing, storing and collecting breast milk (or for proper use of the changing table station.) Misuse of the space could result in removal of access.
- Users must make sure that the door is completely closed/locked, upon exit of space.
- Users must register any locker rental use on our online form (information and link available at each locker station) so that users may be contacted if there are any concerns. These lockers are only intended for use related to breastfeeding activities/equipment.
- Users must demonstrate respect for lactation room as a community space
  - Do not touch expressed milk bags that do not belong to you
  - Keep space clean and tidy (per above mentioned expectations)
  - Knock before entering space, despite what door signage might indicate
  - Do not tamper with lockers, personal equipment or belongings left by others
- All equipment and furniture must remain within each respective lactation room space. Users may be held responsible for missing equipment should a direct correlation be established between user and missing item.
- Users must agree to periodic confirmations of use, so that access can be removed as appropriate.

## Current Locations

*(as of February 2023)*

- Stony Brook Union, L06-14 (lower level)
- Social and Behavioral Sciences, S-129
- Health Sciences Center, 2-295 (level 2)\*
- Student Activities Center, 224\*
- Dental School, Rockland Hall, 178
- Southampton, Student Center 110C

*Upon request, users will be given ID card access to each active location. Please note that you may be contacted periodically to confirm a continued need for space access.*

*\*Please note that while access is granted to all lactation rooms, this does not supersede more specialized access requirements, where applicable.*

To request access, visit [tinyurl.com/lactationroomsSBU](https://tinyurl.com/lactationroomsSBU)

## *Questions?*

Contact the Department of Student Community Development at:

[student\\_community\\_development@stonybrook.edu](mailto:student_community_development@stonybrook.edu)

(631) 632-7353